

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

Menu Name: Millburn Middle School Lunch

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 02/01/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990757 MACARONI AND CHEESE USDA D-26	2/3 CUP	4	344	12.49	959	6	22.33	0.00	62	24.86	0.80	15.24	232	368.6	0.29	0.82
990914 Homemade Macaroni & Cheese, JTM Cheese Sauce	#6 Scoop	8	289	6.53	714	8	11.55	0.00	38	31.78	0.51	13.83	433	375.0	0.00	16.69
991154 Macaroni & Cheese, Stick Pasta, WG, JTM, P-472598	6 oz	8	312	8.92	800	3	15.38	0.00	47	26.67	0.00	16.41	671	375.4	0.00	1.03
990530 Pretzel Rod, Soft, 1 oz, Whole Grain, P-882698	Each	20	70	0.00	40	0	0.50	0.00	0	14.00	1.00	2.00	0	0.0	0.00	0.72
990415 Broccoli, FZ, USDA, 1/2C, 5g	1/2 Cup	50	26	0.00	22	1	0.00	0.00	0	5.00	3.00	3.00	*N/A*	*N/A*	*N/A*	*N/A*
990059 Tomato, Cherry, Packer	1/4 Cup	50	12	0.02	10	*N/A*	0.02	0.00	0	3.00	0.95	0.55	250	10.5	3.00	0.72
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991079 Nacho Supreme, Beef, Shred Chs	1 Serving (#16)	60	385	7.07	528	1	23.63	0.00	44	30.05	3.01	16.13	362	261.6	3.02	1.73
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			613	8.43	932	*38	22.45	0.00	55	79.68	6.79	27.14	*2235	*512.5	*25.10	*3.91
% of Calories				12.38%		*24.8%	33.0%	0.0%		52.0%		17.7%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 02/02/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990738 Corn Dog, Turkey, Mini, JTM, P-597483	6 Each	20	257	1.80	362	11	10.00	0.00	37	35.00	0.00	10.00	114	55.0	51.00	2.00
990413 Corn, Whole Kernel, USDA, 15g, 1/2C	1/2 Cup	50	65	0.00	15	3	1.00	0.00	0	15.00	2.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990144 Black Beans, LS, Mothers Maid, P-493061	1/4 Cup	50	50	0.00	70	0	0.00	0.00	0	9.00	3.00	3.50	0	20.0	0.00	1.35
990048 Crispy Chicken Sandwich, GoldKist, P-470164	Each	59	340	2.50	650	3	12.50	0.00	35	39.00	4.00	21.00	100	86.0	78.00	2.80
990644 Spicy Chicken Sandwich, Tyson, P-373370	Each	1	372	3.08	593	4	15.38	0.00	21	40.60	4.58	18.88	86	100.3	0.00	1.86
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			595	4.31	874	*42	15.14	0.00	47	90.60	7.64	29.59	*1878	*348.2	*78.00	*3.67
% of Calories				6.52%		*28.2%	22.9%	0.0%		60.9%		19.9%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Friday - 02/03/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990495 Sausage Pizza, Turkey, THE MAX, P-373576	Slice	20	260	2.50	710	3	8.00	0.00	15	33.00	4.00	15.00	0	150.0	0.00	2.70
990834 Potato, Smiles, McCain, P-384399	1/2 Cup(4 each)	100	130	0.50	180	0	4.50	0.00	0	20.00	2.00	2.00	0	0.0	2.40	0.36
991198 Green Salad	1/2 Cup	50	6	0.03	10	0	0.21	0.00	0	0.93	0.73	0.56	1688	35.9	12.15	0.39
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990584 Ketchup Packet, Red Gold, 9gm, P-74398	Each	100	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991256 Pizza, Cheese, 4x6, WG, 4.65oz, P-26016	Each (4.65 oz)	40	260	4.00	600	4	7.00	0.00	20	35.00	4.00	16.00	0	200.0	0.00	2.50
991185 WHOLE GRAIN CHEESE PIZZA Wedge 50 -50 P-349370	Pizza	19	300	4.00	480	8	11.00	0.00	15	35.00	4.00	16.00	450	306.0	0.00	2.60
990717 4"X6" WG Thin Crust Cheese Pizza, P-388895	Piece	1	300	5.00	440	8	11.00	0.00	25	34.00	4.00	16.00	270	263.0	0.00	2.30
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			646	5.87	1180	*42	16.31	0.00	33	99.24	8.30	27.14	*2728	*464.2	*30.25	*3.53
% of Calories				8.18%		*26.0%	22.7%	0.0%		61.4%		16.8%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Monday - 02/06/2023

Reimbursable Meal Total 100

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990913 Hot Dog, Chicago Style, Beef, Farmland, P-156116	Each	20	327	7.34	738	5	18.11	0.03	35	28.63	2.30	11.23	0	51.0	1.20	1.78
000042 PICKLES,DILL SPEAR	EACH	20	4	0.03	283	0	0.10	0.00	0	0.84	0.35	0.18	44	20.0	0.80	0.09
990927 Beans, Vegetarian in Tom Sauce, P-376745	1/2 Cup	50	110	0.00	330	2	0.00	0.00	0	19.99	5.00	6.00	100	0.0	1.20	1.80
000377 CUCUMBER,RAW, Sliced	1/4 Cup	50	3	0.02	1	0	0.05	0.00	0	0.64	0.21	0.18	21	4.2	0.95	0.06
990584 Ketchup Packet, Red Gold, 9gm, P-74398	Each	20	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991259 MUSTARD,PREPARED,YELLOW P-194581	Each-5.5 gm	5	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	20	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990031 Cheeseburger on WG Bun, P-369328	1 Each	59	320	6.20	733	4	15.00	0.00	46	28.00	3.00	21.50	*0	173.0	*0.00	3.00
990052 Hamburger, WG P-369328	Each	1	270	3.70	513	3	10.50	0.00	34	27.00	3.00	19.00	*0	103.0	*0.00	3.00
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00

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Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991183 Frozen Fruit, Commodity, _____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity, _____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			600	7.62	1221	*41	17.74	0.01	53	82.00	7.68	30.51	*1865	*395.0	*23.26	*4.03
% of Calories				11.43%		*27.3%	26.6%	0.0%		54.7%		20.3%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Tuesday - 02/07/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990261 Toasted Cheese Sandwich, Arbor B-30	1 Sandwich	10	408	14.71	1251	6	27.58	0.00	70	30.06	2.00	14.21	227	323.7	0.00	2.02
990192 3 Cheese Grilled Cheese, Arbor B-108	1 Each	10	465	17.08	1410	*6	31.36	0.00	82	31.01	2.00	16.58	527	380.2	0.00	2.02
991264 Tomato Soup, Campbell's, P-26091	6 oz	25	68	0.00	364	9	0.00	0.00	0	15.06	0.75	1.51	*0	17.7	*0.00	0.45
990245 Classic Tomato Soup, Arbor E-31	1/2 Cup	25	28	0.03	33	*0	0.15	0.00	0	6.47	1.34	1.41	488	12.1	7.03	0.97
991198 Green Salad	1/2 Cup	50	6	0.03	10	0	0.21	0.00	0	0.93	0.73	0.56	1688	35.9	12.15	0.39

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990375 Chicken Nuggets, Goldkist, P-470452	5 Each	60	200	2.00	400	0	10.00	0.00	35	13.00	2.00	15.00	100	20.0	78.00	1.80
991092 Goldfish Pretzels, .75 oz, WG, Pep Farm, P-976031	Each	60	90	0.00	200	0	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	0.72
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			576	6.84	1162	*40	18.04	0.00	55	78.54	5.82	26.55	*2897	*383.3	*76.41	*3.39
% of Calories				10.69%		*27.8%	28.2%	0.0%		54.5%		18.4%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Wednesday - 02/08/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990733 Chicken Nugget, WG, Tyson, P-366211	5 Each	20	210	2.00	320	1	12.00	0.00	20	13.00	2.00	13.00	0	20.0	0.00	1.80
990695 Chicken Gravy, Trio, Mix P-38282	1 oz	20	17	0.20	121	0	0.32	0.00	0	3.42	0.02	0.17	0	1.7	0.00	0.02
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	20	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990382 Mashed Potatoes, Pearls, 1/2C P-913394, E-50	1/2 Cup	100	76	0.00	351	0	1.27	0.00	0	14.42	0.85	1.70	0	3.1	7.63	0.30
991051 Corn, Whole Kernel, 1/4C, P-283344	1/4 Cup	50	40	0.00	20	*N/A*	0.22	0.00	0	8.87	1.33	1.33	26	1.3	2.19	0.14
990523 CELERY STICKS	1/4 Cup	50	5	0.02	30	0	0.06	0.00	0	1.10	0.59	0.26	167	14.9	1.15	0.07
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991079 Nacho Supreme, Beef, Shred Chs	1 Serving (#16)	60	385	7.07	528	1	23.63	0.00	44	30.05	3.01	16.13	362	261.6	3.02	1.73
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			675	7.13	1240	*37	23.27	0.00	49	92.53	6.96	27.47	*2109	*452.0	*32.90	*2.88
% of Calories				9.51%		*21.9%	31.0%	0.0%		54.8%		16.3%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 02/09/2023

Reimbursable Meal Total 100

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990771 Sloppy Joe on a Bun, Beef, JTM, B-43c	#6 Scoop w/ Bun	20	298	2.90	709	11	8.50	0.00	47	37.00	4.00	20.00	459	108.0	6.00	3.00
990415 Broccoli, FZ, USDA, 1/2C, 5g	1/2 Cup	50	26	0.00	22	1	0.00	0.00	0	5.00	3.00	3.00	*N/A*	*N/A*	*N/A*	*N/A*
990741 Marinated Green Beans, E-37	1/4 Cup	50	15	0.00	62	1	0.00	0.00	0	3.11	1.20	0.60	*0	*0.0	*0.00	*0.00
990048 Crispy Chicken Sandwich, GoldKist, P-470164	Each	59	340	2.50	650	3	12.50	0.00	35	39.00	4.00	21.00	100	86.0	78.00	2.80
990644 Spicy Chicken Sandwich, Tyson, P-373370	Each	1	372	3.08	593	4	15.38	0.00	21	40.60	4.58	18.88	86	100.3	0.00	1.86
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			567	4.53	943	*41	14.34	0.00	49	83.05	8.04	30.64	*1947	*348.8	*69.00	*3.19
% of Calories				7.19%		*28.9%	22.8%	0.0%		58.6%		21.6%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Friday - 02/10/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991324 Cheesy Beef Quesadilla	Quesadilla	20	373	10.66	517	3	19.59	0.00	49	33.74	3.57	17.08	204	347.9	1.70	2.01
990290 Black Beans, LS, Mothers Maid, P-493061	1/2 Cup	50	100	0.00	140	0	0.00	0.00	0	18.00	6.00	7.00	0	40.0	0.00	2.70
990124 Salsa, Mild, Red Gold, P-886718	2 Ounces	50	20	0.00	140	2	0.00	0.00	0	4.00	1.00	0.00	1000	40.0	12.00	0.72
991256 Pizza, Cheese, 4x6, WG, 4.65oz, P-26016	Each (4.65 oz)	40	260	4.00	600	4	7.00	0.00	20	35.00	4.00	16.00	0	200.0	0.00	2.50
991185 WHOLE GRAIN CHEESE PIZZA Wedge 50 -50 P-349370	Pizza	19	300	4.00	480	8	11.00	0.00	15	35.00	4.00	16.00	450	306.0	0.00	2.60
990717 4"X6" WG Thin Crust Cheese Pizza, P-388895	Piece	1	300	5.00	440	8	11.00	0.00	25	34.00	4.00	16.00	270	263.0	0.00	2.30
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			581	6.98	948	*41	14.02	0.00	39	86.92	9.35	28.78	*2424	*525.8	*28.12	*4.55
% of Calories				10.81%		*28.2%	21.7%	0.0%		59.8%		19.8%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Monday - 02/13/2023

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990057 Pizza Dippers, The Max, P-43901	2 Each	20	300	5.00	740	6	12.00	0.00	10	34.00	4.00	14.00	200	300.0	0.00	0.26
990058 Marinara Sauce, Red Pack, P-971691	1/4 Cup	20	30	0.00	67	3	0.74	0.00	0	4.96	0.99	0.99	0	19.8	0.00	0.54
000433 MIXED VEGETABLES:frozen,boiled	1/2 CUP	50	59	0.03	32	3	0.14	0.00	0	11.91	4.00	2.60	3892	22.8	2.91	0.75
991198 Green Salad	1/2 Cup	50	6	0.03	10	0	0.21	0.00	0	0.93	0.73	0.56	1688	35.9	12.15	0.39
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990031 Cheeseburger on WG Bun, P-369328	1 Each	59	320	6.20	733	4	15.00	0.00	46	28.00	3.00	21.50	*0	173.0	*0.00	3.00
990052 Hamburger, WG P-369328	Each	1	270	3.70	513	3	10.50	0.00	34	27.00	3.00	19.00	*0	103.0	*0.00	3.00
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			577	7.16	1052	*42	16.78	0.00	48	80.19	7.90	29.72	*4626	*471.9	*29.31	*3.45
% of Calories				11.17%		*29.1%	26.2%	0.0%		55.6%		20.6%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Tuesday - 02/14/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990216 Baked Penne Pasta, Arbor A-18	2/3 Cup	20	292	6.07	452	6	13.40	0.00	40	29.55	1.50	18.68	*0	425.0	*0.00	1.64
990906 Garlic Bread, Texas Toast, WG, P-392110	Each	20	90	0.50	190	1	2.50	*N/A*	0	15.00	2.00	3.00	400	8.7	0.00	0.90
990583 Peas, Frozen, Simplot Classic	1/2 Cup	50	60	0.00	0	*N/A*	0.00	0.00	0	10.00	4.00	4.00	400	0.0	12.00	1.08
990523 CELERY STICKS	1/4 Cup	50	5	0.02	30	0	0.06	0.00	0	1.10	0.59	0.26	167	14.9	1.15	0.07
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990375 Chicken Nuggets, Goldkist, P-470452	5 Each	60	200	2.00	400	0	10.00	0.00	35	13.00	2.00	15.00	100	20.0	78.00	1.80
991092 Goldfish Pretzels, .75 oz, WG, Pep Farm, P-976031	Each	60	90	0.00	200	0	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	0.72

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			570	4.96	935	*38	15.22	*0.00	48	81.04	7.53	28.92	*2219	*381.6	*75.15	*3.52
% of Calories				7.83%		*26.7%	24.0%	*0.0%		56.9%		20.3%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

Wednesday - 02/15/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc (mg)	Vit-C (mg)	Iron (mg)
990375 Chicken Nuggets, Goldkist, P-470452	5 Each	20	200	2.00	400	0	10.00	0.00	35	13.00	2.00	15.00	100	20.0	78.00	1.80
990521 Waffle, Echo Lake, P-392062	Each	20	65	0.25	180	2	1.75	0.00	2	11.50	1.50	2.00	0	30.0	0.00	0.54
991136 Syrup, 1.5 oz Cup, Madeira, P-1779	Each	20	120	0.00	20	22	0.00	0.00	0	30.00	0.00	0.00	0	0.0	0.00	0.00
990625 Honey Chipotle Sweet Potatoes E-8	1/2 Cup	50	330	1.41	96	35	2.27	*0.00	6	72.15	3.79	5.69	17845	40.3	33.70	2.76
990059 Tomato, Cherry, Packer	1/4 Cup	50	12	0.02	10	*N/A*	0.02	0.00	0	3.00	0.95	0.55	250	10.5	3.00	0.72
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991079 Nacho Supreme, Beef, Shred Chs (#16)	1 Serving	60	385	7.07	528	1	23.63	0.00	44	30.05	3.01	16.13	362	261.6	3.02	1.73
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991184 Dried Fruit, Commodity,	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			766	7.85	922	*59	22.78	*0.00	56	115.68	7.61	28.46	*11080	*467.8	*57.54	*4.17
% of Calories				9.22%		*30.8%	26.8%	*0.0%		60.4%		14.9%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 02/16/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990326 Western BBQ Cheeseburger, P-369328	1 Each	20	355	6.20	1111	11	15.00	0.00	46	35.09	3.00	21.50	*0	173.0	*0.00	3.00
990629 French Fries, Crinkle Cut 1/2", P-960111	1/2 Cup	100	90	0.00	20	0	2.00	0.00	0	13.00	2.00	1.00	0	0.0	3.60	0.18
991211 Broccoli Salad, USDA	1/2 Cup	50	164	1.25	134	*22	5.58	*0.00	6	28.88	1.42	*1.47	*200	*17.4	*28.57	*0.24
990584 Ketchup Packet, Red Gold, 9gm, P-74398	Each	100	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990048 Crispy Chicken Sandwich, GoldKist, P-470164	Each	59	340	2.50	650	3	12.50	0.00	35	39.00	4.00	21.00	100	86.0	78.00	2.80
990644 Spicy Chicken Sandwich, Tyson, P-373370	Each	1	372	3.08	593	4	15.38	0.00	21	40.60	4.58	18.88	86	100.3	0.00	1.86

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			739	5.81	1153	*53	20.42	*0.00	52	108.05	8.45	*30.87	*1955	*370.5	*85.68	*3.49
% of Calories				7.08%		*28.7%	24.9%	*0.0%		58.5%		*16.7%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

Friday - 02/17/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc (mg)	Vit-C (mg)	Iron (mg)
990940 Walking Taco Doritos	Each	20	298	6.96	530	1	16.35	0.00	42	24.71	2.90	14.35	322	258.7	2.69	1.20
990176 Seasoned Black Beans, Arbor E-9	1/2 Cup	50	106	0.00	147	*0	0.02	*0.00	0	19.12	6.34	7.35	1	43.4	0.16	2.89
990963 Salsa, Mild, Red Gold, P-886718	4 Ounces	50	40	0.00	280	4	0.00	0.00	0	8.00	2.00	0.00	2000	80.0	24.00	1.44
991256 Pizza, Cheese, 4x6, WG, 4.65oz, P-26016	Each (4.65 oz)	40	260	4.00	600	4	7.00	0.00	20	35.00	4.00	16.00	0	200.0	0.00	2.50
991185 WHOLE GRAIN CHEESE PIZZA Wedge 50 -50 P-349370	Pizza	19	300	4.00	480	8	11.00	0.00	15	35.00	4.00	16.00	450	306.0	0.00	2.60
990717 4"X6" WG Thin Crust Cheese Pizza, P-388895	Piece	1	300	5.00	440	8	11.00	0.00	25	34.00	4.00	16.00	270	263.0	0.00	2.30
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991184 Dried Fruit, Commodity,	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			579	6.24	1024	*42	13.39	*0.00	38	87.67	9.88	28.40	*2948	*529.7	*34.39	*4.84
% of Calories				9.70%		*29.0%	20.8%	*0.0%		60.6%		19.6%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Wednesday - 02/22/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990757 MACARONI AND CHEESE USDA D-26	2/3 CUP	4	344	12.49	959	6	22.33	0.00	62	24.86	0.80	15.24	232	368.6	0.29	0.82
991154 Macaroni & Cheese, Stick Pasta, WG, JTM, P-472598	6 oz	8	312	8.92	800	3	15.38	0.00	47	26.67	0.00	16.41	671	375.4	0.00	1.03
990914 Homemade Macaroni & Cheese, JTM Cheese Sauce	#6 Scoop	8	289	6.53	714	8	11.55	0.00	38	31.78	0.51	13.83	433	375.0	0.00	16.69
990906 Garlic Bread, Texas Toast, WG, P-392110	Each	20	90	0.50	190	1	2.50	*N/A*	0	15.00	2.00	3.00	400	8.7	0.00	0.90
990055 Seasoned Green Beans, Arbor E-13	1/2 Cup	50	30	0.00	2	1	0.01	0.00	0	6.34	2.98	1.55	*0	*1.5	*0.08	*0.04
000377 CUCUMBER,RAW, Sliced	1/4 Cup	50	3	0.02	1	0	0.05	0.00	0	0.64	0.21	0.18	21	4.2	0.95	0.06

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991079 Nacho Supreme, Beef, Shred Chs	1 Serving (#16)	60	385	7.07	528	1	23.63	0.00	44	30.05	3.01	16.13	362	261.6	3.02	1.73
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			614	8.53	947	*39	22.86	*0.00	55	79.37	6.61	26.43	*2201	*511.8	*24.12	*3.64
% of Calories				12.50%		*25.4%	33.5%	*0.0%		51.7%		17.2%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 02/23/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991085 Corn Dog, Chicken, Foster Farms, P-909561	Each	20	240	2.50	390	5	8.00	0.00	40	30.00	5.00	9.00	0	80.0	0.00	1.80
990413 Corn, Whole Kernel, USDA, 15g, 1/2C	1/2 Cup	50	65	0.00	15	3	1.00	0.00	0	15.00	2.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*
990741 Marinated Green Beans, E-37	1/4 Cup	50	15	0.00	62	1	0.00	0.00	0	3.11	1.20	0.60	*0	*0.0	*0.00	*0.00
990048 Crispy Chicken Sandwich, GoldKist, P-470164	Each	59	340	2.50	650	3	12.50	0.00	35	39.00	4.00	21.00	100	86.0	78.00	2.80
990644 Spicy Chicken Sandwich, Tyson, P-373370	Each	1	372	3.08	593	4	15.38	0.00	21	40.60	4.58	18.88	86	100.3	0.00	1.86
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			574	4.45	875	*41	14.74	0.00	47	86.65	7.74	27.94	*1855	*343.2	*67.80	*2.95
% of Calories				6.98%		*28.6%	23.1%	0.0%		60.4%		19.5%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Friday - 02/24/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991189 Pepperoni Pizza, Turkey, The Max, P-593816	Each	19	300	6.00	650	4	11.00	0.00	35	34.00	3.00	17.00	0	300.0	0.00	0.00
990086 Pepperoni Pizza, Tony's, *PORK, 4x6, P-368537	Each	1	310	5.00	530	8	12.00	0.00	25	34.00	4.00	16.00	0	2220.0	0.00	0.45

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990565 Roasted Garlic Carrots E-33	1/2 Cup	50	41	0.05	74	5	0.50	0.00	0	9.01	3.64	0.94	15469	39.6	2.73	0.51
991198 Green Salad	1/2 Cup	50	6	0.03	10	0	0.21	0.00	0	0.93	0.73	0.56	1688	35.9	12.15	0.39
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991256 Pizza, Cheese, 4x6, WG, 4.65oz, P-26016	Each (4.65 oz)	40	260	4.00	600	4	7.00	0.00	20	35.00	4.00	16.00	0	200.0	0.00	2.50
991185 WHOLE GRAIN CHEESE PIZZA Wedge 50 -50 P-349370	Pizza	19	300	4.00	480	8	11.00	0.00	15	35.00	4.00	16.00	450	306.0	0.00	2.60
990717 4"X6" WG Thin Crust Cheese Pizza, P-388895	Piece	1	300	5.00	440	8	11.00	0.00	25	34.00	4.00	16.00	270	263.0	0.00	2.30
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			535	6.08	939	*43	12.67	0.00	37	81.94	7.93	26.00	*10462	*533.2	*29.22	*2.89
% of Calories				10.23%		*32.1%	21.3%	0.0%		61.3%		19.4%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Monday - 02/27/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990375 Chicken Nuggets, Goldkist, P-470452	5 Each	20	200	2.00	400	0	10.00	0.00	35	13.00	2.00	15.00	100	20.0	78.00	1.80
990728 Biscuit, Honeywheat, WG, Bake Crafters, P-347669	Each	20	180	3.00	370	5	6.00	0.00	5	29.00	3.00	5.00	0	40.0	0.00	1.44
990488 CARROTS:frozen, boiled	1/2 Cup	50	27	0.09	43	3	0.50	0.00	0	5.64	2.41	0.42	12357	25.6	1.68	0.39
990523 CELERY STICKS	1/4 Cup	50	5	0.02	30	0	0.06	0.00	0	1.10	0.59	0.26	167	14.9	1.15	0.07
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990584 Ketchup Packet, Red Gold, 9gm, P-74398	Each	50	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990031 Cheeseburger on WG Bun, P-369328	1 Each	59	320	6.20	733	4	15.00	0.00	46	28.00	3.00	21.50	*0	173.0	*0.00	3.00
990052 Hamburger, WG P-369328	Each	1	270	3.70	513	3	10.50	0.00	34	27.00	3.00	19.00	*0	103.0	*0.00	3.00

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			576	7.19	1102	*42	17.54	0.00	54	78.74	7.04	29.47	*8077	*410.8	*38.79	*3.60
% of Calories				11.23%		*29.2%	27.4%	0.0%		54.7%		20.5%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

Tuesday - 02/28/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc (mg)	Vit-C (mg)	Iron (mg)
990913 Hot Dog, Chicago Style, Beef, Farmland, P-156116	Each	20	327	7.34	738	5	18.11	0.03	35	28.63	2.30	11.23	0	51.0	1.20	1.78
000042 PICKLES,DILL SPEAR	EACH	20	4	0.03	283	0	0.10	0.00	0	0.84	0.35	0.18	44	20.0	0.80	0.09
990927 Beans, Vegetarian in Tom Sauce, P-376745	1/2 Cup	50	110	0.00	330	2	0.00	0.00	0	19.99	5.00	6.00	100	0.0	1.20	1.80
000256 BROCCOLI,raw: fresh	1/4 Cup	50	8	0.03	8	0	0.08	0.00	0	1.51	0.59	0.64	142	10.7	20.29	0.17
990584 Ketchup Packet, Red Gold, 9gm, P-74398	Each	25	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991259 MUSTARD,PREPARED,YELLOW P-194581	Each-5.5 gm	5	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	25	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990375 Chicken Nuggets, Goldkist, P-470452	5 Each	60	200	2.00	400	0	10.00	0.00	35	13.00	2.00	15.00	100	20.0	78.00	1.80
991092 Goldfish Pretzels, .75 oz, WG, Pep Farm, P-976031	Each	60	90	0.00	200	0	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	0.72
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80

Base Menu Spreadsheet

Portion Values

Feb 1, 2023 thru Feb 28, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			586	5.13	1157	*39	15.70	0.01	47	83.24	7.87	28.07	*1985	*307.2	*79.73	*3.79
% of Calories				7.88%		*26.6%	24.1%	0.0%		56.8%		19.2%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

			Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages			609	6	1034	*42	17.41	*0.00	48	87.51	7.73	*28.45	*3638	*431.0	*49.15	*3.64
% of Calories				9.46%		*27.6%	25.7%	*0.0%		57.5%		*18.7%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.